

NOPC Phase Three Covid-19 Protocols
Outrigger Canoe usage for OC4 and OC6's

On September 23, 2020, Canadian Outrigger Racing Association (CORA), our governing body, approved Guidelines to allow Member Clubs to return to Canoe usage. NOPC will be opening up to existing Club members, the usage of our canoes, under the following stipulations:

NOPC Phase Three Covid-19 Specific Protocols for Cohorts

1. NOPC requires that all members will have read and accepted the CORA Phase Three Guidelines, found at:

<https://canadianoutrigger.ca/wpcontent/uploads/2020/09/CORAPhase3BCReturntoOC6Guidance1.1.pdf>

2. NOPC requires that all members will complete this waiver, hereby acknowledging and accepting all terms herein contained:
 - a) NOPC requires that member groups form into Cohorts of no more than eight (8) members. Upon special approval of the Commodore, Cohorts may increase their size to a maximum of ten (10) members. Members can only be included in one Cohort. Cohorts shall designate a group leader, who will gather contact information for each member, and provide that information to the Commodore (or Secretary/Treasurer) on this waiver. Contact information must include address, phone and email address. This information must be gathered and returned to the Commodore (or Secretary/Treasurer) before any canoe usage can occur;
 - b) NOPC requires that the Cohort list cannot be changed once submitted to the Commodore (or Secretary);
 - c) NOPC requires that only ONE Cohort can be on the dock at any time. A single member of another Cohort may advise a crew on the dock that has a canoe on the dock that they wish to use same canoe, after it has been cleaned according to NOPC rules.
 - d) NOPC requires that the Cohort leader arrange canoe usage for every outing with the Commodore. NOPC will adapt a schedule once all of the Cohorts are in place. The intention of the Club is to maintain the schedule as close as possible to the pre-Covid schedule for teams/groups, however adjustments are required to maintain proper distancing between groups. No unauthorized usage will be permitted.
 - e) NOPC requires all Cohort crews to properly sanitize their canoe after usage. To meet the cleaning requirements, the canoes will have the spray skirts removed. The conditions for cleaning the canoes are in accordance with the CORA Guidelines, which each member will have provided acknowledgment to the Commodore. The expectation of NOPC is that members will be diligent in their efforts to maintain sanitized canoes. To that end, each member must:

- i) wear a face covering (buff, scarf, non-surgical mask) while on the dock with other members;
- ii) maintain two metre physical distancing when not engaging in canoe usage;
- iii) ensure the canoe has been sprayed at all contact points with a solution of bleach water at a 100-1 ratio;
- iv) ensure the canoe has been rinsed after sanitation by the bleach solution;
- v) ensure the locks securing the canoes have been properly sanitized by the bleach solution;
- vi) use hand sanitizer prior to cleaning the canoe. Members will provide their own supplies.

Canoe usage is defined as the time to unlock security of canoe, remove canoe cover, launch canoe, paddling canoe, returning canoe back to dock, cleaning and securing canoe concluding paddling session.

- f) NOPC requires that all members will remain on the docks for the sole purpose of paddling, and will not loiter while on the docks. There can only be ONE Cohort on the dock at any time.
- g) If a Cohort group of eight wishes to use the OC4's simultaneously, NOPC requires that the crew members in each canoe remain the same for each usage.
- h) NOPC reserves the right to discontinue canoe usage for any Cohort, in order to meet the requirements of the viaSport Return-to-Sport Guidelines, as outlined in the CORA Guidelines.
- i) NOPC may discontinue any and all canoe usage, in order to meet the requirements of any Public Health Officer orders.
- j) Members who have been previously been permitted to use the OC1 canoes by the Commodore, will be permitted to use the OC2 canoes with members of their Cohort, on the condition that all members follow the CORA Canoe usage guidelines.

Agreement to NOPC Covid-19 Specific Protocols -Cohorts

Name of Cohort: _____

Cohort Leader: _____

I have read the Agreement above, fully understand its terms, and I agree to be bound by its terms. I understand that I have given up substantial rights by signing the Agreement, including the right to sue, and I sign it freely and voluntarily without any inducement or promises on the part of the Releasees or any other person or corporation.

This Agreement is signed this _____ day of _____, 20_____.

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Signature of Participant
Print name:

NOPC Member Witness Signature

Signature of Participant
Print name:

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